

Serella Grand Traverse - produced by www.abdet.com



Photo: The spectacular views enjoyed on the Serella Grand Traverse

A spectacular ride through the Serella peaks taking in high forest tracks, long climbs and rapid descents.

Distance: 40kms on forest tracks, roads, with a short section of footpath.

Height Gain: 1000 Metres.

Leave Abdet and turn onto the minor road climbing above the back of the village. Follow this underneath the crumbly cliffs and after a few hairpins take the surfaced track on the right, just before the road swings back left. This track often has a chain across it to stop cars. The track now contours around the hillside before coming to a junction near a ruined building. Take the left fork here passing through some well tended terraces, then just past a water storage reservoir the track swings around to the left and drops down into the Barranco del Maneceillo. Ignore a path that joins on the right and follow along the bank of the Barranco until you end up having to cross the stream two or three times before climbing up a narrow track on the other side of the stream. You will probably end up pushing your bike part way up the steep track that climbs past a fig plantation and reaches a wide track just beyond a rambling house.



[click on map for large version](#)

The track now heads up the valley, climbing gradually past the "Artists House" and after two more kms it drops down to the main road. Turn right and after a further kilometre turn onto a track just before a house with a small windmill - pass under the barrier.

There is now a long section of climbing, but the views are spectacular enough to take your mind of this. You are now reaching the hidden valley of Serella. Eventually you reach a water tank, used to store water in case of forest fires. Here you must ignore the left turn and carry on in the direction with superb views toward Guadalest, also you can look down on the first part of the ride.

Another junction is soon reached, turn left here to start the descent past a rock arch to Font Roja and Quatrotondeta. The font has a tap so refill your water bottles and refuel before the next section. Take the signposted path to Quatrotondeta, you will have to push/carry your bike first section of this until the path widens into a track. Keep an eye open for the rock wall covered in "lucky crosses" and good views toward the pinnacles on the slopes of Peña del Moro. Ignore a track on the right and continue on the last section to Quatrotondeta. If you turn right at the road you can then go right through the narrow streets of this quiet town.

After leaving the town you continue along the main road only for a short distance. Turn left on an unsignposted, but surfaced road and follow for 5 undulating kilometres to Benasau. You will find a good bar/restaurant at the far end of the village (more or less the last building heading in the direction of Abdet).

Now it's time to tackle the last section. Locate the track at the East edge of the village, it climbs past a forestry centre and then some very steep sections have to be tackled before it levels off at the edge of the forest. Once you do reach the forest virtually all of the rest of the ride is downhill. Good marks if you managed to cycle all of this section!

You now rejoin your outward route - the rapid descent is a thrilling end to the ride. When you rejoin the main road keep on this all the way to Confrides until you reach the turn for Abdet.

We hope you agree that Serella Grand Traverso is a first rate challenge!



spring snows



approaching font roja



descent to font roja



checking the route at font roja



descent to quatrotondeta



view towards quatrotondeta



pinnacles



view looking back from near quatrotondeta



almond blossom



view towards serella peaks



hot biker



rocky scenery



